

	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
9:00		GAP ANA Sala Fitness 45'		GAP CARMEN Sala Fitness 45'	
9:30	GIMNASIA MANTENIMIENTO RODRIGO Sala Fitness 45'		GIMNASIA MANTENIMIENTO ANA Sala Fitness 45'		CICLO RODRIGO Sala Fitness 45'
19:00	AERÓBIC Infantil CARMEN Sala Fitness 45'	PILATES ANA Sala Fitness 45'	AERÓBIC Infantil ANA Sala Fitness 45'	PILATES ANA Sala Fitness 45'	
19:45	BAILES hip-hop CARMEN Sala Fitness 45'	PILATES ANA Sala Fitness 45'	BAILES hip-hop CARMEN Sala Fitness 45'	PILATES ANA Sala Fitness 45'	BAILES latinos ANA Sala Fitness 45'
20:30	AERÓBIC CARMEN Sala Fitness 45'	TONIFICACIÓN Circuit Training CARMEN Sala Fitness 45'	STEP CARMEN Sala Fitness 45'	TONIFICACIÓN Circuit Training CARMEN Sala Fitness 45'	AERÓBIC CARMEN Sala Fitness 45'
21:15	CICLO ADRIAN Sala Fitness 45'	AERÓBIC CARMEN Sala Fitness 45'	CICLO ANA Sala Fitness 45'	STEP CARMEN Sala Fitness 45'	CICLO CARMEN Sala Fitness 45'